

Receiving a prenatal diagnosis is often an unexpected thing to hear during a pregnancy.

GSF recognizes that the decision of what to do next is difficult for many people, and our goal is to make sure you have all of the information you need to make the right decision for you and your family.

If you have decided that you want to continue your pregnancy and raise your baby, know that you are fully supported by professionals in the genetics field in that decision. As you learn more about your baby's condition and get connected with other families, you will likely find that there is a vast network of support of people who have traveled down this same path and want to be there for you.

Some people may be in a situation where they don't feel supported in their decision to continue the pregnancy (maybe a partner, extended family members, or a provider has a differing opinion). This can add complexity and strain to a situation that may already be emotionally difficult. It is important to remember that this is your decision, and it is important that you feel as comfortable as possible with that decision.

Finding people to support you on this journey will continue to be very important. Click below to find more resources for families with a child who has a chromosome or genetic condition:

[Support Organization for Trisomy 18, 13 and Related Disorders \(SOFT\)](#)

[Chromosome Disorder Outreach](#)

[Unique](#)

Click [here](#) to learn more about scheduling a genetic counseling appointment for pregnancy-related questions.