

Genetic carrier screening for common genetic disorders should be offered to everyone, regardless of age or ethnic background. Examples of common genetic disorders that screening is generally offered for include [cystic fibrosis](#) and [spinal muscular atrophy](#).

Some medical providers may also offer screening for another condition called [fragile X syndrome](#). However, the [American College of Medical Genetics](#) and [other professional organizations](#) do not recommend offering screening for [fragile X syndrome](#) to all patients, unless there is a family history or another specific reason for doing so.

Screening for inherited forms of anemia, called [hemoglobinopathies](#), may also be offered depending on your ethnic background and medical/family history.

Individuals who have [Ashkenazi Jewish](#) ancestry may also be at an increased chance to be a carrier for a number of genetic conditions.

Genetic carrier screening is always your choice, and a genetic counselor can help you examine the risks, benefits, and limitations of whether or not to move forward with genetic [carrier screening](#).

Click below to read more about:

- [Cystic fibrosis \(CF\)](#)
- [Spinal Muscular Atrophy \(SMA\)](#)
- [Fragile X syndrome](#)
- [Hemoglobinopathies](#) ([sickle cell anemia](#), [alpha thalassemia](#), beta thalassemia)
- [Ashkenazi Jewish](#)

Click [here](#) to learn more about scheduling a genetic counseling appointment for pregnancy-related questions.

Click [here](#) to learn more about scheduling a genetic counseling appointment for infertility or preconception questions.