

These days, you really can't get through a pregnancy without hearing something about genetics. There are a growing number of genetic tests available that can give some information about the likelihood of a genetic condition in a pregnancy. It is important to know that these tests are *optional* and that you have all of the information to make the right choice for you and your family.

The topics covered in during pregnancy can be emotionally challenging, and we hope that this site will offer you the information and resources you need during this time. The information on this site will walk you through some of the common genetic-related topics that are discussed during or prior to pregnancy, give you more information on what testing options are available, and go over what their results can and cannot tell you. We will provide you with the resources to empower you to decide what prenatal test(s), if any, are right for you based on your own personality, beliefs, needs and values.

Click on the links below to learn more about the specific areas of prenatal genetics:

- [Prenatal Screening Tests](#)
- [Prenatal Diagnostic Tests](#)
- [Common Conditions That are Screened For](#)
- [Receiving a Prenatal Diagnosis](#)
- [Prenatal Videos in English](#)
- [Prenatal Videos in Spanish](#)

## Related Articles

- [Genetics 101](#)  
Genetics is a vast and increasingly complicated field of science. The information here will help to provide a basic background in general genetics concepts, and can be a resource as you come up with questions. We'll start with the basics: The birds and the bees and how we pass on...
- [Genetics & Cancer](#)  
Cancer is unfortunately very common, affecting approximately 1 in 2 men and 1 in 3 women during their lifetime. Although most cancers are not inherited, some families do have a higher risk for cancer than others. Genetic counseling and testing can help determine if there may be inherited genetic risk...
- [Genetics & Personalized Medicine](#)  
Precision medicine is often used interchangeably with "personalized medicine" and

“individualized medicine”. All of these terms describe an approach to healthcare that focuses on individual differences in genetics, environment, and lifestyle rather than a “one size fits all” kind of care. One aspect of precision medicine uses tests for certain...

- [Prenatal Genetic Testing Videos - English](#)
- [Videos Sobre Las Pruebas Genéticas Prenatales - Espanol](#)