



Approximately 1 in every 8 couples has trouble getting or staying pregnant; that is over 12% of couples in the United States. This may be a surprising number given many people do not talk about their or their family's fertility challenges. Approximately a third of infertility is attributed to the male partner, a third attributed to the female partner, and a third attributed to a combination of both partners, or remains unknown (www.asrm.org).

Genetic counseling and genetic testing may help determine an underlying reason for infertility or multiple miscarriages. In addition, it can also come with opportunities for appropriate screenings or changes in medical management.

It is important to remember that regardless of the cause for infertility, no one is to blame. Often times if a specific cause for fertility issues can be identified, it is due to something that none of us have any control over. Identifying why someone is having trouble conceiving can be powerful information, as it can determine what the best next step is to help someone start a family.

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