

Genetic, or hereditary, conditions can be passed down in a family in many different ways:

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- [Autosomal Recessive](#)
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- [Mitochondrial](#)
- [Multifactorial](#)

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When it comes to genetics, it's not all about you; your entire family's health history is important. There are many health conditions where someone's risk to also develop that condition is determined by their family history. Because of this, it is important to try to gather as much information about...

- [Why Genetic Counseling?](#)

If you or someone in your family is considering genetic testing, you are wondering if a certain health condition could run in your family, if you are pregnant and interested in learning more about genetic testing options during pregnancy, or if you have a personal or family history of cancer,...

- [Genetic Testing](#)

Genetic testing is a rapidly changing area of medicine, and whether or not to undergo genetic testing may not be an easy or straightforward decision. Even if you have already undergone genetic testing, the results may often be confusing to interpret. A genetic counselor is a medical professional that can...